

CLAREMONT BANK SURGERY PATIENT GROUP
MINUTES 28.6.17.

Present; Dr Fallon, Jane Read, Becky Kelly, Wendy Jenkinson, Elizabeth Hector, Pam Coli, Marilyn Priddey and Tony Smith.

Apologies; Sheila Dench.

Minutes of the last meeting were read through - all agreed accurate, matters arising;

Dr Fallon explained the POD scheme to Tony as he has been absent from the last couple of meetings.

CCG Deficit - Dr Fallon attended a CCG Locality Board Meeting on 18th May and there was signs of a reduction in the financial deficit.

Mainly in prescribing, the "Think Twice" campaign asking patients to buy certain things over the counter -

NHS Shropshire CCG does not support the routine prescribing of medication that is available to buy from local pharmacies or supermarkets for children or adults. The medications listed below are examples of medicines that should be purchased by the patient/parent/guardian. This list is not exhaustive. Creams, Lotions, Drops and Suppositories Tablets and Liquids Creams, gels & supports for sprain injuries e.g. Ibuprofen Gel, Voltarol Gel[®] Haemorrhoidal preparations e.g. Anusol[®] Medicated shampoos e.g. Alphosyl, Capasal Moisturising creams, gels, ointments etc. for dry skin with no diagnosis Chloramphenicol (patients ≥ 2 yrs) Bath oils & shower gels unless recommended by Specialist Simple wart & verrucae treatments e.g. Bazuka[®], Duofilm[®] Antifungal preparations e.g. Daktarin[®], Canesten[®] Products for Molluscum contagiosum Lubricating eye drops Head lice lotions e.g. Hedrin[®], Derbac-M[®] Painkillers for minor aches and pains e.g. paracetamol, ibuprofen, Calpol[®] Treatments for shortterm constipation or diarrhoea e.g. senna, Imodium[®]

Rehydration sachets e.g. Dioralyte[®], Electrolade[®] Indigestion remedies for short-term use e.g. Gaviscon[®], Peptac[®] Cough & cold remedies e.g. simple linctus, Tixylix[®] Lozenges, throat sprays, mouthwashes & gargles e.g. Difflam[®], Corsodyl[®], Strepsils[®] Hay fever treatments such as antihistamines, nasal sprays and eye drops (patients ≥18yrs) e.g. Piriton, Beconase[®] Tonics, vitamins including Vitamin D e.g. I-Caps[®], multivitamins Threadworm treatments e.g. Mebendazole, Ovex[®] Sinus rinses e.g. Sterimar[®] Lactose free & Comfort Milks e.g. SMA Lactose Free, Wysoy, Aptamil Anti-Reflux

Procedures of Limited Clinical Value.

In the same way as prescribing - some of the referrals are being 'triaged' by the CCG - so patients being referred for hernia symptoms, tonsils, knee and hip replacements will be screened to see if alternative measures can help first.

Darwin Health.

We have joined all the other Shrewsbury Practices in the Formation of Darwin Health. It is hoped by joining forces together we will have more buying power and security for the future. Back office functions as well as staff can be shared ensuring better resilience.

New HCA.

Georgie Wellings joined the nursing team on 17.5.17 - she brings with her a wealth of knowledge from the district nursing team. She is able to do dressings, blood pressures, pill checks, dopplers, new patient checks. She will soon be able to do the NHS Heathchecks, and some immunisations.

Research Study.

We are a research site and have been asked by Nottingham University to do a study on Gout and Cambridge University to do a study on patients with a low BMI.

Shropdoc - CQC Outstanding. We are proud to have an out of hours provider of which some of our own GP's represent - to gain the CQC outstanding report.

Vicky's arrival. Baby Hugo arrived on 27.5.17 - mother and baby doing well.

BMA's assistance with refusing secondary care requests. The Local Medical Council and BMA (British Medical Council) have requested that we start to bounce back requests for inappropriate transfer of work (ie follow up investigations that they have requested).

AOB.

Becky mentioned that her Carer's Group was going strong and the Bereavement Group has come to an end and it is hoped that the patients form their own group to continue their support for each other.

Next Meeting Date; 4.10.17