

NEWSLETTER

CLAREMONT BANK SURGERY

JULY 2015

JULY WALKS

07.07.2015 + 21.07.2015

Meet at the Claremont Bank Surgery 10.30am
60 minute walk starting and finishing at the
surgery

VISIT THE SURGERY WEBSITE
TO VIEW JUNE'S FRIENDS
AND FAMILY RESULTS

SURGERY CLOSURE:

We will be closed on
Thursday 2nd of July from
12:00 for staff training.
Should you require medical
assistance during the time we
are closed please contact
Shropdoc:

08444 06 8888

CONTRACEPTION:

Dr Eardley will shortly be undertaking contraceptive implant training. She will be able to fit the contraceptive implant here at the surgery and she will also be able to remove them. We will update patients once her training is complete and patients will have the opportunity to book an appointment with Dr Eardley for this.

REMINDER: both Dr Stapleton and Dr Eardley fit the mirena/copper coil here at the surgery, ask at reception for details.

Electronic prescriptions

Electronic prescriptions are going to be a new service offered to patients in the near future. Please notify your pharmacy if you would like them to be your nominated pharmacy and once we are live we can send prescriptions that you order electronically direct to the pharmacy once authorised by the GP.

PATIENT GROUP MEETING

8TH of July at 13:00

**Please let us know if
you would like to
attend**

NEW DIABETES CLINIC

From Wednesday 22nd of July we will be launching a dedicated clinic for patients with diabetes. This is a new project for Claremont Bank Surgery which we hope will improve diabetes care.

The team running the clinic have a special interest in diabetes and will bring a co-ordinated and consistent approach, in line with current NICE guidelines.

Every Wednesday our Practice Nurses will be offering review appointments, with GP input from Dr Eardley. The podiatrist will also be available at the clinic, by appointment, foot screening once a month.

We will try to accommodate all our patients with diabetes in this Wednesday clinic, and appointments will be co-ordinated by our administrator Pat Richards. Pat will contact patients in advance to arrange a convenient time, and to organise necessary blood tests.

If Wednesdays are not convenient then our Nurses will be available at other times. Sister Penny Hugill will still be available Tuesdays and Fridays.

The Diabetes Team:

- Sister Wendy Hornby (Lead Practice Nurse)
- Sister Penny Hugill
- Sister Suzanne Girling
- Dr Mary Eardley (GP)
- Louise Lowe (Podiatrist)
- Pat Richards (Administrator)

SUMMER HEALTH:



During the hot weather we ask patients to be extra precautions:

- Ensure you are well hydrated at all times, avoid tea, coffee and alcohol.
- Regular use of sun cream to protect your skin.
- Wear loose, cool clothing and a hat if you go outdoors.
- Plan ahead to make sure you have enough supplies, such as food, water and any medications you need.