

April 2017 Newsletter Claremont Bank Surgery

Cervical Smear Testing

Cervical screening isn't a test for cancer; it's a test to check the health of the cells in the cervix. Most women's test results show that everything is normal, but for around 1 in 20 women the test shows some abnormal changes in the cells of the cervix.

All women who are registered with a GP are invited for a cervical screening:

- ♥ **Aged 25 to 49** – Every three Years
- ♥ **Aged 50 to 64** – Every five Years
- ♥ **Over 65** – Only women who haven't been screened since aged 50 or those who have recently had abnormal tests

If there are some abnormal cells, most of them won't lead to cervical cancer and the calls may go back to normal on their own

For more information, go to:

<http://www.nhs.uk/Conditions/Cervical-screening-test/Pages/Introduction.aspx>

Days we are shut:

Friday 14th April – Good Friday

Monday 17th April- Easter Monday

During the times are closed you can:

- ♥ Contact Shropdoc on tel: 0333 222 6655
- ♥ Contact NHS 111 on tel: 111
- ♥ Attend Urgent Care Centre at the Royal Shrewsbury Hospital between 8 and 8
- ♥ Please ONLY attend A&E if you have an accident or if it is an emergency



Bowel Cancer Awareness Month

- ♥ Bowel cancer is one of the most common types of cancer diagnosed in the UK. Most people diagnosed with it are over the age of 60.
- ♥ Bowel cancer is treatable and curable, especially if it's diagnosed early.
 - ♥ More than nine out of ten people diagnosed with stage 1 bowel cancer survive five years or more after diagnosis.

Are you asthmatic?

If you are and you haven't attended an asthma check in the past year, please make your appointment by either asking at reception or calling us on 01743 248244

Vicky Highfield- Deputy Practice Manager

On the 31st March, Vicky left us to go on her maternity leave.

We all wish her the best of luck.

Becky Kelly- Community and Care Co-Ordinator

Becky Kelly is our Community and Care Co-Ordinator who deals with patients who are suffering with bereavement or someone who is finding it difficult living alone.

The dates of her next meetings are:

- ♥ Carer Support Group- **12.04.2017** at 14:30 which is held at Claremont Bank Surgery. There will be a talk by Richard Dunnhill who is from the Samaritans
- ♥ Bereavement group- **26.04.2017** at 14:30 at Claremont Bank Surgery

If you are interested in either of these please call Claremont Bank Surgery on 01743 248244 and ask for Becky Kelly

NEW FY2 (Foundation Year Two) Doctor:

Dr Alice Furter is our new FY2 Doctor who will be starting with us on the 5th April. She is a fully qualified Doctor and is doing her GP training within the Practice. Please assist in her learning and agree to an appointment if offered one.